



# Help your family prevent kidney failure.

National Kidney Disease Education Program  
National Institutes of Health  
U.S. Department of Health and Human Services

## A Button for Staff to Wear

Thank you for wearing this button. It is designed to encourage ESRD patients to talk with their family members about kidney disease, and to encourage their loved ones to get tested for kidney damage.

When talking to patients about preventing kidney failure in their families, consider mentioning:

- Kidney disease runs in families. Even if only one person in a family has kidney failure, blood relatives of ESRD patients have a greater chance of getting kidney disease.
- Family members of ESRD patients should get their blood and urine tested for kidney disease.
- Blood and urine tests are the only way to find out if their family members have kidney disease because there are no early warning signs.
- Diabetes and high blood pressure are the leading causes of kidney disease. Controlling blood sugar and blood pressure can prevent or slow kidney disease.

For more information, please call:  
1-866-4-KIDNEY (1-866-454-3639) or  
email [nkdep@info.niddk.nih.gov](mailto:nkdep@info.niddk.nih.gov)